

# HAIR/WIG TRAINING NOTES

## **HAIR:**

(ANY brands)

- WIG/S (PONYTAIL, BUN WIGS\*, DOUBLE FRANCESCA\*, FULL WIGS)
- wig brush & spray conditioner
- hair nets
- donuts\* (1 for single Francesca, 4 for double!)
- plastic storage bag for each wig separately
- hair brush
- fine tooth (rat tail) comb
- 5 ponytail holders
- lots of hairpins, large and small
- hair gel
- hair spray
- synthetic shampoo/conditioner

## **HAIR – UNIFY SILHOUETTE!!**

The purpose of the hair workshop is to unify the look and silhouette of the team. They can turn out incredibly differently on each child so we will help train you to take consideration of their hair type, forehead line and the shape of their head to get the best results. Consider your kit - tools that are well taken care are easier to work with & they will last!

## **WIG CARE:**

- Brush before and after wearing!
- Wash occasionally with synthetic shampoo/conditioning spray.
- Store in a hair net & keep in bag
- Trim frizz carefully as needed.
- For major championships, get a new one yearly (retire old one to other performances.)

## **HAIR CARE:**

- Hair need not be freshly washed that morning (but should be pleasant for someone to work with!)
- Set out your tools in an organized way & get comfortable. (Consider ibuprophen in advance for very tender heads.)
- Check hair pins & binders for condition - NO broken ended pins (those hurt ALOT!)
- DO invest in a good fine-tooth comb for smoothing and backcombing. Brushes do NOT work for this.
- Do NOT share hair tools - LICE have visited before, we wouldn't like to invite them back.
- Have TWO hair sprays - a "net" style that gives grip and a freezing spray.
- Curly or wirey hair may also require gel &/or a small bottle to dampen curls as you go.

**POUF STYLING & PLACEMENT:**

- Brush hair out (it is easier to use a slightly damp brush.)
- Separate hair across the crown going ear tip to ear tip.
- Backcomb from crown forward to build up pouf (can use hidden form for thin hair).
- Use comb directionally to thicken hair towards forehead.
- Hairspray before and/or after backcombing as needed.
- Smooth front and shape with head held up. Use end of rat tail comb to pick hair forward.
- Secure back of pouf with criss-crossing pins.
- Smooth & gather side hair & secure entire pouf part with a small, hair-matched & high binder behind pins

....Proceed to specific wig directions!

## **PONYTAILS:**

Post Pouf -

- Gather remaining hair with brush, smooth with comb.
- Secure main binder at crown for ANCHOR. Fit binder tightly.
- Check with top of ponytail claw.
- Placement is correct if there is a line from the chin, over the top of the ear and out the top of the head. Pony should curve up and fall like a horse's tail.
- Thicker hair may require additional sections secured progressively with binders down the head.
- Very long hair should be braided and wound around the ponytail wraps. Do not leave natural hair ends to be seen.
- Smooth sides with comb.
- Spray!!
- Smooth sides again (comb hairspray into the hair.)

## **BUN WIGS:**

Post Pouf -

- Gather remaining hair with brush, smooth with comb.
- Secure main binder at crown for ANCHOR. Fit binder tightly.
- Fit donut over binder and pull remaining hair through.
- Wrap hair around donut & secure with cris-crossing pins.
- Open wig combs. Secure under back first (by nape), then pull over the top of the head & secure second comb anchor into first binder.
- Pull drawstring as tight as is "comfortable." (They all hate this part.)
- Hide string by winding around wig & pin underneath.
- Secure wig in triangular points with LARGE cris-crossed hair pins (two at front, one at back.)
- Place hair bow along wig line just past child's left eyebrow.

## **DOUBLE FRANCESCAS:**

Post Pouf -

- Separate initial pouf binder into two sections, split from the center.
- Gather side hair from "sideburn area up towards crown and create two symmetrical binder areas about 4 inches apart.
- Secure donuts over each of these two sections (should fit side by side.)
- Pull bindered hair through the donuts.
- Split two hair sections each in two, and join half one and half of the other at the top between the two bottom donuts.
- Secure with binder atop the two bottom donuts. Place a third donut on that and pull hair through.
- Gather remaining hair from nape and anchor immediately below original two donuts. Hair acts as a net, distributing the weight and securing the structure!

- Wrap remaining hair around donuts & secure with cris-crossing pins.
- Open wig combs. Secure under back first (2 " from hair line @ nape), then pull over the top of the head & secure second comb anchor into first binder between pouf & the two donuts.
- Pull drawstring as tight as is “comfortable.” (They all hate this part.)
- Hide string by winding around wig & pin underneath.
- Check profile!! IF should be more regency up-do than MArge Simpson or a flat shower cap. IT takes some practice. Be willing to back up & reapproach. IT is structure-depedent.
- Secure wig at 6 points with LARGE cris-crossed hair pins (center front, two at side fronts, center back, two at back.)
- Side clip goes at left side of head, following wig contour over ear.

### **FULL WIG:**

Ironically, these are much easier because they cover a multitude of sins & depending on hairline, pouf may not be necessary. They are less structure dependant and don't have to match the natural hair nearly at all, as there are colored sprays to change whatever shows.

Full wigs would follow the same procedure as the Single Francesca. They need to be well anchored at multiple points, including just underneath the crown where the net is thickest.

### **Post Pouf -**

- Gather remaining hair with brush, smooth with comb.
- Secure main binder at crown for ANCHOR. Fit binder tightly.
- Fit donut over binder and pull remaining hair through.
- Wrap hair around donut & secure with cris-crossing pins.
- Open wig combs. Secure under back first (by nape), then pull over the top of the head & secure second comb anchor into first binder.
- Pull drawstring as tight as is “comfortable.” (They all hate this part.)
- Hide string by winding around wig & pin underneath.
- Secure wig in six triangular points with LARGE cris-crossed hair pins (two at front, one at back.)
- Secure wig at donut underneath by lifting curls & exposing net.
- Decorate like a cake. (JK)

We recommend the full wig is NOT proportionally too large for the child. They can be trimmed.

They also usually need a headband to hide the transition from real hair to fake, although a thick tiara is an option (yes, I just said tiara.) Are we having fun yet?

Please contact me if you would like help with any FULL WIG.

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