## O'Shea Irish Dance Announcements

February 12, 2025

### **Important Dates - Mark Your Calendars**

- Family Movie Night Feb 14
- OID Logowear Free Table Feb 17 20
- I@M Day of Irish Dance Mar 16
- I@M St. Patrick's Day Celebration Mar 17

## Family Movie Night - Gnomeo & Juliet

Join us for another cozy movie night February 14, 2025 at 7 pm at Celtic Junction! The Youth Advisory Council (YAC) is hosting a screening of **Gnomeo and Juliet**, a Valentine's movie that's fun for all ages. This event is meant to bring us all together for a night of laughs, treats, and fun.

Parents! Drop off your kids 12 years and up to enjoy a movie with friends while you enjoy Valentine's date night. If you have children 11 years and under, we need a parent to attend with their young ones.



#### What to Expect:

- BYOB! **Bring Your Own Blanket**, pillows, sleeping bags, and wear your favorite pajamas for floor lounging. Chairs will be available for those who choose not to puppy pile on the floor.
- Yummies like popcorn, cocoa, cider, treats, and other concessions will be available at the cafe.
- Be ready to laugh, relax, and enjoy a movie with friends and family on Valentine's Day

Please RSVP in advance so we can set up the best space for the group. As a bonus, when kids register, they get a free mocktail from the cafe!

Get all the details and RSVP right here: <a href="https://celticjunction.org/event/family-movie-night-gnomeo-juliet/">https://celticjunction.org/event/family-movie-night-gnomeo-juliet/</a>

# **OID Logowear FREE TABLE Next Week**

Now's the time to clean out your closets and drawers of your gently used O'Shea logowear and dance gear. We'll be having a free table in the lobby of the Celtic Junction the week of February 17th during regular dance class hours. **Please bring in your items to donate this week.** Look for a labeled bin in the lobby. If you have any questions please ask!

# Save the Dates for St. Patrick's Day Events at Landmark

Irish Arts Minnesota's events at Landmark Center this St. Patrick's Day season are Sunday, March 16 - I@M's Day of Irish Dance and Monday, March 17 - I@M's St. Patrick's Day Celebration. Please hold those dates as we organize who will dance when. More information and signups coming soon!



# Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or <a href="Derrick.Lundberg@gmail.com">Derrick.Lundberg@gmail.com</a> or through the CJAC schedule form on his website.

REMEMBER TO VISIT THE OID DAMHSA SITE FOR IMPORTANT SCHOOL INFO.