

# O'Shea Irish Dance Announcements

March 2, 2025

## Important Dates - Mark Your Calendars

- **Costume Days - Mar 4 and 5**
- **Kickin' It Irish - Mar 7 through 17**
- **Landmark Performances Practice Mar 13**
- **I@M Day of Irish Dance - Mar 16**
- **I@M St. Patrick's Day Celebration - Mar 17**

## Sign Up for St. Patrick's Day Events at Landmark

Irish Arts Minnesota's events at Landmark Center this St. Patrick's Day season are Sunday, March 16 - I@M's Day of Irish Dance and Monday, March 17 - I@M's St. Patrick's Day Celebration. All levels are invited to perform both days. Due to the size of the classes, Primary 1 dancers are invited to perform on only one of the days. Primary 1 Tuesday class is invited to perform on March 16 and Primary 1 Thursday class is invited to perform on March 17.



The Form and Rubric are available at the links below and on the Upcoming Performances page.

Jan Casey from I@M will be available at the Celtic Junction Arts Center to sell admission wristbands for Irish Arts Minnesota's Landmark Center events on Tuesday, March 4 and Wednesday, March 5 from 5 pm to about 6 pm. Having pre-purchased admission wristbands will allow family members of dancers and musicians to skip the admission lines at Landmark Center. (Dancers and musicians participating receive free admission.)

Jan will accept cash, check and credit card payment for admissions. Tickets are \$9 for adults 18 - 64, \$7 for youth 6 - 17 and seniors 65 +. Kids 5 and under are free. Family and friends may still purchase tickets at the door.

Dancers age 5 and younger don't need a wristband. Dancers 6 and up will get a wristband the week prior to the performances.

**I@M Day of Irish Dance at Landmark Center March 16, 2025**

**St. Patrick's Day Celebration at Landmark Center March 17, 2025**

Who: All Levels Preschool through Adult

Where: Landmark Center - St. Paul

- [Form](#)
- [Rubric](#)

## Final Costume Fittings for Landmark Performances

Donna and Kristo will be holding final costume fittings on Tuesday and Wednesday next week from 5 pm to 7 pm. If you're performing at Landmark Center, please check your class performance costume for fit today and sign up for a fitting time if you need a larger size.

[Please sign up for a fitting here](#). One time-slot per dancer or family if there are multiple dancers in a family needing fittings.

## OID Is Celebrating 20 Years!



Well that was fast! OID is celebrating 20 years this year and as part of the celebration we're looking for your memories. We've created a Dropbox folder where you're invited to share photos from the earliest days of your dancer's involvement up to now.

Get your pictures organized and then [visit this link](#) to upload your photos. You'll see it's hosted on OID's co-administrator Kristo Sween's Dropbox. Can't wait to see and share your memories!

## Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or [Derrick.Lundberg@gmail.com](mailto:Derrick.Lundberg@gmail.com) or through the CJAC schedule form [on his website](#).

**REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.**