

A REMINDER FOR IRISH DANCERS!!

Always begin a dance with your 5 rules!

1. Heels together
2. Toes turned out
3. Arms at your sides
4. Stand up straight

HORNPIPE STEPS:

Stand ready and point the right foot.

First Step:

R: Tip-up, L: tip-up, R: Treble –Up-2-3-4

R: Tip-up, L: Treble –Up-2-3-4

L: Tip-up, R: Treble –Up-2-3-4

R: Tip-up, L: Treble –Up-2-3-4

L: Tip –up, R: Treble-hop-back

L: Treble-hop-back, 2-3

R: Leap-2-3

L: Tip-up, R: Treble-hop-back

L: Tip-up, R: Treble-cut, Treble-hop-back

Repeat with the left foot starting!

Second Step:

R: Tip-up, L: tip-up, R: Treble –Up-2-3-4

R: Tip-up, L: Treble –Up-2-3-4

L: Leap-Hop, R: Leap-Hop

L: Glide – Push-(L) Cut

L: Tip-Step, R: Tip-Hop-Heel-Step

R: Treble-hop-back

L: Treble-hop-back, 2-3

R: Leap-2-3

L: Tip-up, R: Treble-hop-back

L: Tip-up, R: Treble-cut, Treble-hop-back

Repeat Second Step on Left Foot!!!

Point and bow.