

A REMINDER FOR IRISH DANCERS!!

Always begin a dance with your 5 rules!

1. Heels together
2. Toes turned out
3. Arms at your sides
4. Stand up straight
5. Great big smile!!!

TREBLE JIG STEPS:

Stand ready and point the right foot.

Lead Around:

Begin Lead Around in a clockwise circle, right foot:

*Treble-one, treble-two, tip-hop-step, kick-hop-down;
Treble-switch-treble, hop-back, tip-step-tip-hop-heel-step;
Treble-one, treble-two, tip-hop-step, kick-hop-down;
Treble-cut-treble-hop-back, treble-cut-treble-hop-back!*

Right foot finished half way around, left completes the circle...

Repeat with the left foot! Finish, turning back into place.

First Step:

*Treble-cut-treble-hop-back,
treble-cut-treble-hop-back;
Treble-one, treble-two,
Treble -three, treble-four;*

*Treble-switch-two-three,
Switch-two-three;
Switch-two-three-four;*

*Treble-cut-treble-hop-back,
Hop-back-two-three-four.*

Repeat First Step on Left.

Point and bow.