

# Weekly Update from O'Shea Irish Dance Administrator

Friday, June 8, 2018

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## Upcoming Important Dates

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June 8 – Open Studio from 10 am to Noon. Natalie will be running the open studio and can advise any attendees in preparation for the upcoming feiseanna.

June 15 from 5 pm to 8 pm – **Practice Feis** for all grade levels (not PC/OC) to prepare for:

- June 16 – Northern Mid-America Championships Feis – Registration through [Feisworx](#)
- June 17 – 10,000 Lakes Feis – Registration through [Feisworx](#)

June 24 – **Nationals Teams Intensive**

- 2-4 pm U9-U13
- 4-6 pm U16 & O16

July 2 – July 12 – OID Closed for Summer Break/Nationals – No Open Studio during break

July 12 – July 14 – Summer **Master Workshop**. Registration link coming soon.

1-5pm DANCE & 5-8pm PLAYTIME!

Open to Intermediate 1 through Championship Level dancers

- Day 1: Can-Can Wonderland!
- Day 2: Picnic in the Park!
- Day 3: Movie/Pizza Night & *Lock-In!*

August 4 from 3 pm and 5 pm – **Performance Opportunity**: Washington County Fair – [Form/rubric available here](#).

August 10 – August 12 – Irish Fair of Minnesota. Save the dates! Performance dates/times TBD. All-school and alumni party at Irish Fair on August 12.

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## Natalie's Friday Motivation

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Summer is typically a time when kids feel like giving it all up, and taking a total break from anything structured. They're out of school, the weather is beautiful, and they may see three months of lazy things ahead.

Parents know though, that summer is a great time to re-focus some of that energy on fitness, health and the growth of children's bodies while they are not frazzled by school. A great way to do that is to dance!

Dance engages the core, develops the muscle groups, releases endorphins and focuses the brain in new ways with every repetition. Dance is another kind of vitamin D!!

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## New Student Referral Bonus

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Do you know any families with young kids interested in pre-beginner or beginner Irish Dance classes? Cormac and Natalie will refund your \$35 annual registration fee for one referral who registers for pre-beginner or beginner classes. Grab some flyers about Pre-Beginner/Beginner classes in the lobby of the CJ.

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## Are You Ready for the June Feiseanna?

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REMINDER: We're holding a **Practice Feis** for all grade levels (not PC/OC) on June 15 from 5 pm to 8 pm. The practice feis helps dancers and families get a sense of what being at a feis is all about so they're ready for the Northern Mid-America Championships Feis on the 16<sup>th</sup> and the 10,000 Lakes Feis on the 17<sup>th</sup>. More about the feiseanna on [Feisworx](#).

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## Irish Dance Summer Camps – Help Spread the Word

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Know any kids looking for a fun summer camp? We've got just the thing. OID Summer camps are held Monday through Thursday the middle two weeks of July.

**PreBeginner Camp** (ages 3 – 6) runs from 9 am to 10 am. **Beginner Camp** (ages 5 - 12) runs from 10 am to 12 pm. Camp dates:

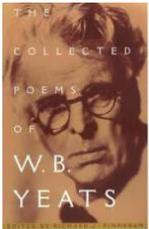
- July 9 through July 12
- July 16 through July 19

Registration link coming soon!

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## Coming Up at CJAC – [More Info Here](#)

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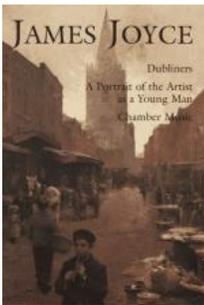


### Poetry in Slow Motion Study Group, June 9

**11:00 am in the EML** (Eoin McKiernan Library). The group is reading the meditative and haunting section "The Wild Swans at Coole" from *The Collected Poetry of W.B. Yeats*. This is a free event and is open to the public. If interested, please contact Patrick at [patrick.odonnell@normandale.edu](mailto:patrick.odonnell@normandale.edu) [Note: this group usually meets once a month on Saturday mornings.]

### [Self-portraits in Poetry: Creative Writing Workshop](#), June 9 & 16

Students will explore self-expression through sensory and figurative language in multiple poetic forms, including persona poetry, section poems, and narrative poetry. We will examine the work of W.B. Yeats and other contemporary poets. In this course, poetry is approached as a playful experiment. All skill levels are welcome; if you're having fun, then you're doing it right!



### [Introduction to James Joyce and Dubliners](#), June 11-July 9

Learn how the extraordinary genius, James Joyce (1882-1941), employed his concept of the epiphany to examine the ordinary lives of the Dublin middle class in his highly accessible and ironically observed collection of fifteen stories, *Dubliners* (1914). The course will examine the biography of Joyce, his importance within the Irish Literary Revival, his respectful yet contentious relationship with the older W.B. Yeats, and the models Joyce sought to emulate and surpass as he interrogated the spiritual paralysis he saw at the heart of the colonized metropolis.