

O'Shea Irish Dance Announcements

February 5, 2023

Important Dates - Mark Your Calendars

- Celtic Junction Winter Feis 2/11 & 2/12
- Class Costume Fittings 2/13, 2/15 and 2/18
- IDPA Board Meeting 3/4
- Kickin' It Irish runs 3/4 through 3/17
- KII at Rock the Cradle 3/12
- OID at Day of Irish Dance 3/19
- OID Spring Feiseanna 4/29 & 4/30

EVERYONE: Class Costume Check and Form OVERDUE



As we prepare for our big performance in March we're asking all dancers to check the fit and condition of your costumes. We ask that Dancers with costumes that are too small or dancers with an extra costume (from Oireachtas or any other reason) to return costumes to the Junction this week.

EVERYONE: Please try on your costumes this week at home to check for fit or for any repairs. If your costume fits and is in good condition, nothing else is needed except the form below.

IF YOUR COSTUME DOESN'T FIT OR NEEDS REPAIR, we'll have a rack in the lobby for costume returns. Please return extra costumes, costumes that don't fit or ones that need repair ASAP

ALL DANCERS/FAMILIES MUST FILL OUT THE [UPDATED COSTUME FORM](#) ASAP!

Class Costume Fittings - All Dancers All Levels

We will be holding scheduled costume fittings by appointment only on **Monday 2/13 and Wednesday 2/15 from 5 pm to 7:30 pm and on Saturday 2/18 from 9 am to 11 am** all in the upstairs classroom across from the Library. Your old costume must be returned ASAP prior to scheduling your fitting. Please fill out the COSTUME FORM above and return your costume ASAP. [Schedule a fitting appointment here.](#)

Congratulations New IDPA Board Members

IDPA welcomed three new board members and formally elected acting President Galena St. Croix and acting Vice President Kathy Lopac into those roles. Jen English was elected as new Board Secretary and Robby Callahan Schreiber and Donna Dingle were elected as Members-at-Large. Please congratulate them when you see them at CJAC! The next IDPA Board Meeting is 3/4 at 9 am.

Kickin' It Irish - 10th Anniversary Season!



2023 marks the 10th Anniversary of Kickin' It Irish! Tickets are on sale now for the [performances at CJAC](#) running March 4 through St. Patrick's Day, at Children's Theatre/MIA's "[Rock the Cradle](#)" on March 12 and at [Chanhasen Dinner Theatres](#) on March 13. Please join us in celebrating 10 years of Kickin' It!

VOLUNTEERS are needed for the Rock the Cradle event. Celtic Junction Arts Center is a sponsor and we'll have a table for OID plus an activity table with Irish Dance themed crafts. Save the date! A volunteer sign up form and more details will be coming out soon!

OID Performances at Landmark on 3/19 - Mark Your Calendars!

OID will perform on Sunday, March 19, 2023 at 11:50 am at Landmark Center for Irish Arts Minnesota's Day of Irish Dance. We will NOT be performing at Landmark on St. Patrick's Day.

I@M (formerly IMDA) will also be distributing its annual Decade of Dance Awards at 12:35 pm, directly following our performance, and again at 2:25 pm. Our Adult Dancers are also invited to participate in the Adult Dancer Showcase at 2:25 pm on the Weyerhaeuser Stage. We can't wait to see everyone on stage for this big event!



Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form [on his website](#).

REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.