

O'Shea Irish Dance Announcements

March 8, 2023

Important Dates - Mark Your Calendars

- Kickin' It Irish runs 3/4 through 3/17
- IDPA Board Meeting - 3/11
- KII at Rock the Cradle - 3/12
- OID at Day of Irish Dance - 3/19
- Closed for Spring Break / Worlds - 3/31 - 4/10
- OID Spring Feiseanna - 4/29 & 4/30

OID Performances at Landmark on 3/19 - Details and Form Below

OID will perform on Sunday, March 19, 2023 at 11:50 am at Landmark Center for Irish Arts Minnesota's Day of Irish Dance. We will NOT be performing at Landmark on St. Patrick's Day.

Please read the attached Rubric and Landmark Center rules very carefully. **We need all Preschool, Beginner, Primary and Adult dancers to [fill out this form](#) ASAP so we have an accurate headcount for wristbands.** Any Intermediate or Champ dancers not in Kickin' It Irish should also fill out the form.



Rehearsal: Primary II and Up, Adults and KII will rehearse on Saturday, March 18 at 11 am. Wristbands will be distributed at that time. Preschool, Beginner and Primary I dancers are learning their performance steps in class and do not need to attend the 3/18 rehearsal. Wristbands will be distributed in class.

I@M will be distributing its annual Decade of Dance Awards at 12:35 pm, directly following our performance, and again at 2:25 pm. **Congratulations to OID's 2023 awardees: Gabby Pasquerella, Camille Lamb, Clover Mills, and Laurence Richardson.**

Our Adult Dancers are also invited to participate in the Adult Dancer Showcase at 2:25 pm on the Weyerhauser Stage. We can't wait to see everyone on stage for this big event!

Join Irish Fair of Minnesota in the Parade on St. Patrick's Day

While OID is not performing at Landmark or participating in the parade on St. Patrick's Day, you can still join the fun and support Irish Fair of Minnesota by joining them in the annual St. Patrick's Day Parade in St. Paul. [Here's a sign up for the parade](#) and other Irish Fair St. Patrick's Day Season activities.



Kickin' It Irish - 10th Anniversary Season!

2023 marks the 10th Anniversary of Kickin' It Irish! Tickets are on sale now for the [performances at CJAC](#) running March 4 through St. Patrick's Day, at Children's Theatre/MIA's "[Rock the Cradle](#)" on March 12 and at

[Chanhassen Dinner Theatres](#) on March 13. Please join us in celebrating 10 years of Kickin' It!

VOLUNTEERS are needed for the 3/12 Rock the Cradle event. Celtic Junction Arts Center is a sponsor and we'll have a table for OID plus an activity table with Irish Dance themed crafts. [Volunteers sign up here](#). This is a super fun event for kids and we'll need a lot of parent volunteers throughout the event including setup and tear-down for our KII performance and to staff the CJAC table during the event.

IDPA Board Meeting - 3/11 at 9 am.

This month's IDPA Board meeting was rescheduled to 3/11 at 9 am. All OID parents are members of IDPA and are welcome to attend any meeting. Zoom details follow:

- [IDPA Zoom Link](#)
- ID: 87282730994
- Passcode: 331614

Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form [on his website](#).

REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.