

# O'Shea Irish Dance Announcements

April 26, 2023

## Important Dates - Mark Your Calendars

- CJAC Irish Arts Week - 4/14 - 4/30
- OID Spring Feiseanna - 4/29 & 4/30

## Spring Recitals - May 20!

Save the date! Recitals for Preschool, Beginner, Primary, Intermediate & Adult dancers will be held on Saturday May 20. Recitals will be split into times based on the day of the week your dancer attends class:

- Monday and Tuesday classes at 1:30 pm - [Tickets: Free for 18 and under, \\$10 for adults](#)
- Wednesday and Thursday at 3:00 pm - [Tickets: Free for 18 and under, \\$10 for adults](#)

We're excited to see you show your steps and moves! [Please fill out this form](#) to confirm your participation in the recitals.

## OID Performing at Minnesota State Fair's "Kickoff to Summer at the Fair" Event

Come join us at Kickoff to Summer at the Fair! We'll be performing at the Minnesota State Fairgrounds Saturday, May 27, at 11:45 pm and 1:45 pm, on the Christensen Farms Stage. Don't miss out on this slice-of-the-fair event! Learn more and get your spectator [discount advance tickets here!](#)

Intermediate, Jr. Champs, Champs, and KII Dancers, want to dance at the event? Dancers will get in FREE! [The sign-up form and rubric are here!](#)

Join us!

### O'SHEA IRISH DANCE

Saturday, May 27



**MAY  
25-28  
2023**

MINNESOTA STATE FAIR

## OID Logowear Orders Are IN!

Logowear orders will be available to pick up in the lobby next week starting Monday, May 1. The times vary by day. Here's the schedule:

- Monday 6:30-9:00
- Tuesday 7:00-9:00
- Wednesday 5:30-7:00

Please contact Galena directly at [Galena.stcroix@gmail.com](mailto:Galena.stcroix@gmail.com) if you need to make other pick up arrangements.

## Used Solo Costume Facebook Group

We've got a few dancers looking for solo costumes. If you've got one you're ready to sell and haven't listed it yet on the Facebook Group, now is a great time. The [O'Shea Irish Dance Used Solo Dress/Vest, Shoes and Accessory](#) group is open to all OID dancers and families to join.

## Irish Arts Week at CJAC!

Classes, concerts, film screenings! All the [Irish Arts Week details are now available on the CJAC website](#). IAW runs April 14 through April 30. Check out and share these selected events:

- April 28: The 2023 [Taking Flight Collective](#) is a cohort of 2 award-winning musicians from the Center for Irish Music, Carmen Pasquerella and Ava Sackaroff. They will be performing a concert of scintillating tunes played on flute, whistle, harp, bodhrán with guitarist and bouzouki player Brian Miller.
- April 29: [The Humours of Bandon](#) is a coming-of-age story seen through the eyes of a 16 year old Irish Dancer. This award-winning play, full of heart, humor and wisdom, is for anyone who had a childhood passion that threatened to overwhelm their life!
- April 30: [The Quiet Girl](#) is an Oscar Nominated Irish language film that takes place in rural Ireland in 1981. Nine-year-old Cait is sent away from her overcrowded, dysfunctional family to live with foster parents for the summer. Quietly struggling at school and at home, she has learned to hide in plain sight from those around her.



## Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour session.

Please contact Derrick directly at (651) 214-2476 or [Derrick.Lundberg@gmail.com](mailto:Derrick.Lundberg@gmail.com) or through the CJAC schedule form [on his website](#).

**REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.**