

O'Shea Irish Dance Announcements

April 8, 2024

Important Dates - Mark Your Calendars

- **OID Feis - Apr 20**
- **Leap Into Spring Feis - Apr 21**
- **Spring Recital - May 18**
- **Celtic Junction Summer Feis - Jul 27**

You Can Still Register for the Upcoming Feiseanna

The Spring Feiseanna, hosted by our own Irish Dance Parent Association, are at the Mall of America this year. Both feiseanna are open for registration on <https://www.feisworx.com/>. Late fees kicked in on April 4, 2024. The last day to register is April 16, 2024. Sign up for:

- O'Shea Irish Dance Feis 2024 - Apr 20
- Leap Into Spring Feis 2024 - Apr 21

All dancers Primary and Up are encouraged to sign up.

- Primary 1 - Light Jig
- Primary 2 - Reel, Light Jig, Single Jig, Treble Jig

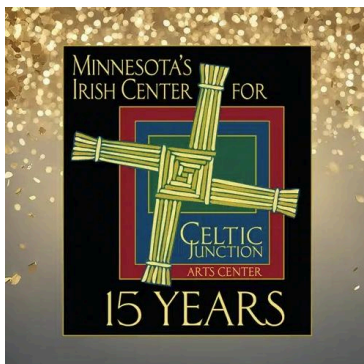
Dancers please check with your teachers to see if you are ready to feis (compete).

Pre-School and Beginners who are not ready yet to compete come visit the Feiseanna on April 20/21 and see and cheer on some of your assistant teachers and your friends compete!

Call for Feis Volunteers!

IDPA welcomes your help to pull off our Spring Feiseanna on April 20 and 21 at the Mall of America to help raise funds to support our OID dancers. Please review the available slots in the [SPRING FEISEANNA SUPPORT](#) Sign-Up Genius and click on the button to sign up.

NO EXPERIENCE REQUIRED! You do not need to have volunteered before or be available for the entire time slot. Thank you! You will receive more details the week of April 15.



Celebrating 15 Years of Culture, Community, and Connection at Celtic Junction!

Join us for the Celtic Junction's 15th Anniversary Celebration! Kick off the evening with a reception and cocktails from 5-5:30 pm, followed by entertainment from 6-8 pm with King Wilkie's Dream. Don't miss the highlight of the evening – our Aer Lingus Raffle Drawing at 8 pm, when you could win 2 round-trip tickets to Ireland! Celebrate with us as we honor 15 years of culture and community at the Celtic Junction. Help Us Prepare: [Please RSVP Now](#)

New Classes Added for Preschool & Beginner on Saturdays starting 4/13

We're excited to announce that we're adding Saturday classes for Preschool & Beginner dancers. Our weekday classes continue to be very full so we're adding one additional Preschool class from 9:30 am to 10:15 am and one additional Beginner class from 10:15 am to 11:15 am on Saturday mornings beginning on April 13 (with no classes on April 20 because of the feis that day).

Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form [on his website](#).

REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.