

O'Shea Irish Dance Announcements

May 8, 2024

Important Dates - Mark Your Calendars

- **Recital Costume Signups - May 8, 9, 11, 13 and 14**
- **Spring Recital - May 18**
- **Mighty Midway Spring Festival - May 18**
- **Kick-Off to Summer at the MN State Fair - May 25**
- **Celtic Junction Summer Feis - Jul 27**

SPRING RECITALS - May 18 - Sign-up Today!

Recitals for Preschool, Beginner, Primary, Intermediate & Adult dancers will be held on Saturday, May 18 on the outdoor stage (weather permitting). Recitals will be split into two times based on the day of the week your dancer attends class:

- Monday and Tuesday classes at 11 am - [Tickets: Free for 18 and under, \\$10 for adults](#)
- Wednesday and Thursday at 12:30 pm - [Tickets: Free for 18 and under, \\$10 for adults](#)

We're excited to see you show your steps and moves! [Please fill out this form](#) to confirm your participation in the recitals.

Spring Recital Costume Fittings Starting TONIGHT

We'll be holding costume fittings to get dancers ready for the Spring Recital and other upcoming performance opportunities. Fittings will be by appointment only beginning Wednesday, May 8 through next week on Tuesday, May 14.

IMPORTANT: Please check your costume for fit before signing up for a costume slot. **If your costume fits**, you don't need to sign up for a slot. **If your costume doesn't fit** or needs repair, please sign up for a fitting. Costumes that don't fit **MUST BE RETURNED** before you can leave with a new costume.

[Please use this Sign-up form to reserve a slot.](#)

Please come to the second floor and meet Donna in the library. The library will be open on most of the days we're fitting costumes so please show up only at your time and remember to be respectful of library patrons while we're fitting dancers.

New Classes Added for Preschool & Beginner on Saturdays

We're excited to announce that we've added Saturday classes for Preschool & Beginner dancers. Our weekday classes continue to be very full so we're adding one additional Preschool class from 9:30 am to 10:15 am and one additional Beginner class from 10:15 am to 11:15 am on Saturday mornings. Email Donna at oidadmin@osheairishdance.com if you'd like to switch to Saturday.

Two Performance Opportunities this Month

We are performing at the Mighty Midway Spring Festival on Saturday, May 18th at 2:30 pm after the Spring Recitals. Show off your recital steps to the surrounding community. Then one week later, we're performing at the Kickoff To Summer at the Minnesota State Fairgrounds. This is always a fun one and

a great opportunity to get an early taste of the Fair. Details below and on the [Damhsa site Performances page](#).

Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form [on his website](#).

REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.