O'Shea Irish Dance Announcements

July 14, 2024

Important Dates - Mark Your Calendars

- OID Classes Resume Jul 15
- Irish Night at St. Paul Saints Jul 25
- Celtic Junction Summer Feis Jul 27
- Irish Fair of Minnesota Performance Aug 10 1:30 pm All School Party to Follow

The 2024 Summer Schedule Starts Monday!

The OID 2024 Summer Term starts Monday, July 15. Please see the attached and note any schedule changes (no Cormac classes on Mondays, for example). Your dancers' registrations are already in Studio Director.

The last scheduled <u>SATURDAY</u> Preschool and Beginner classes for the Summer will be July 20 and August 3. Saturday class dancers can join other classes on Monday or Wednesday for the remaining summer schedule.



Please email Donna at oidadmin@osheairishdance.com with questions.

Irish Night at the Saint Paul Saints - Dancer Performance Opportunity!



OID dancers are returning to the top of the dugout for another Irish Night performance at the Saint Paul Saints! Families, come along and join the fun. Thursday, July 25. The game starts at 7pm and we usually dance somewhere around the third inning. Get tickets here.

Select dancers, all the info is coming soon to the Damhsa Performance Page. Look for a separate invitation.

Celtic Junction Summer Feis - July 27 - Registration Is Open!

There is a lot to train for over the summer including feiseanna that don't require travel! Our next local feis is the Celtic Junction Summer Feis on July 27 and registration is open on Feisworx. In addition to all the great dancing, there will be the usual need for a crew of volunteers. Please contact OIDAdmin@osheairishdance.com to learn more about volunteer opportunities.

Members of IDPA will be available in the CJAC lobby during class to answer any questions and help with registration.



Freebies for Volunteers!

Volunteers are the heart of so much of what we do at the Celtic Junction. While we can't thank you enough for all you do, we do want to include a small token of our appreciation for the work you put in.

We're pleased to offer the following for those who volunteer 10 hours at the Celtic Junction:

- Adults age 19 and up: Two free tickets to a CJAC concert or event
- 18 and under: \$10 gift card to the kiosk (since you already get free admission)

<u>Please use this form</u> to track your volunteer hours. Email <u>volunteer@celticjunction.org</u> with questions or visit Donna or Christine in the CJAC Kiosk Mon thru Thurs from 4:30 pm to 7:30 pm.

The McKiernan Library Needs YOU!

Know any library science students or library fans looking for a volunteer opportunity? Are *you* looking for a quiet place to do some work while you wait for your child to get done with class?

We need a few more regular volunteers to help our librarian Brian Miller care for and monitor Celtic Junction Arts Center's very own Eoin McKiernan Library in the evenings.



Volunteer Shifts are 4:30 pm to 6 pm and 6 pm to 7:30 pm Mon thru Thur. Scan the QR code or <u>click</u> <u>here</u> to sign up! Email <u>volunteer@celticjunction.org</u> for other volunteer opportunities at Celtic Junction Arts Center.

Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form on his website.

REMEMBER TO VISIT THE OID DAMHSA SITE FOR IMPORTANT SCHOOL INFO.