

O'Shea Irish Dance Announcements

June 4, 2024

Important Dates - Mark Your Calendars

- **OID Closed for Summer Break / Nationals - Jul 1 thru Jul 12**
- **OID Classes Resume - Jul 15**
- **Celtic Junction Summer Feis - Jul 27**

Rock the Cradle Performance Coming Up! More Dancers Needed

On June 9 we're headed back to the Minneapolis Institute of Arts for The Current's Rock the Cradle event. We know it's a busy weekend. If you're available (including Preschool and Beginners!), we need you! Details below and on the [Damhsa site Performances page](#).

Rock the Cradle @ Mpls Institute of Art

Who: Preschool, Beginner, Primary, Intermediate, Jr. Champs, Champs, and KII

What: Two 25 minute performances - Steps from class

When: June 9, 2024 at 10:15 am and 11:45 am. Rehearse at the venue.

- [Form](#) & [Rubric](#)

Volunteer in the Eoin McKiernan Library and Elsewhere at CJAC

Are you looking for a quiet place to do some work while you wait for your child to get done with class? Are you one of our awesome adult dancers interested in spending a little time exploring our great library before class?

We would love to get a few more volunteers to help our librarian Brian Miller care for and monitor Celtic Junction Arts Center's very own Eoin McKiernan Library in the evenings.

Volunteer Shifts are 4:30 pm to 6 pm and 6 pm to 7:30 pm Mon thru Thur. Scan the QR code or [click here](#) to sign up! Email volunteer@celticjunction.org for other volunteer opportunities at Celtic Junction Arts Center.

VOLUNTEER IN THE MCKIERNAN LIBRARY

The McKiernan Library thrives on the help of dedicated volunteers. Opportunities include:

- Monitoring the space & assisting patrons
- Cataloging, shelving, digitization, and exhibit setup
- Special events and more!

SIGN UP HERE →



Saturday Preschool & Beginner Class - Variable Schedule

There will be no Saturday Preschool or Beginner class this Saturday, June 8. Through the summer—due to events and other activities—the Saturday Preschool and Beginner class schedule will vary. We're working out the full schedule and will update you ASAP.

Any and all Preschool or Beginner dancers are welcome to come to another Preschool or Beginner classes on Monday, Wednesday or Saturday (when available). Email Donna at oidadmin@osheairishdance.com with questions.

Summer is Almost Here! This is how it rolls out at OID

Summer is not just feis season (more details below), it is also a time for amazing growth and strength in your dancers. Since we know busy summer schedules can make it hard to keep a regular dance class schedule at OID, we offer several ways to help summer become a great time for strength and skill development:

- We open classes up as a "Flexi-schedule" so you can come when you want and travel when you wish.
- If you can't make it to classes in your own level, you can audit the one above you as a makeup too (like an upgrade)!
- Select Saturday classes for Preschool and Beginner continue over the Summer with a variable schedule
- Staying enrolled over the Summer allows your dancer to perform at the Irish Fair!

Celtic Junction Summer Feis - July 27 - Registration Support

There is a lot to train for over the summer including feiseanna that don't require travel! Our next local feis is the Celtic Junction Summer Feis on July 27. Registration will be open soon on [Feisworx](#). In addition to all the great dancing, there will be the usual need for a crew of volunteers. Please contact OIDAdmin@osheairishdance.com to learn more about volunteer opportunities.

Members of IDPA will be available in the CJAC lobby during class in the weeks leading up to the Feis to answer any questions and help with registration.

Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rate of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or Derrick.Lundberg@gmail.com or through the CJAC schedule form [on his website](#).

REMEMBER TO VISIT THE [OID DAMHSA SITE](#) FOR IMPORTANT SCHOOL INFO.