#### O'Shea Irish Dance Announcements

May 23, 2024

## **Important Dates - Mark Your Calendars**

- Kick-Off to Summer at the MN State Fair May 25
- OID is Closed on Memorial Day May 27
- Celtic Junction Summer Feis Jul 27

## **OID** is Closed on Memorial Day

OID is closed on Monday, May 27 for Memorial Day. Classes resume Tuesday, May 28.

# The Spring Recitals were SO FUN!

It was so great to see everyone on the outdoor stage last Saturday. What a beautiful day! Thank you dancers and parents for coming! Thank you teachers and assistant teachers for all you do!







# **Our Mighty Midway Performance was a BLAST too!**

Thanks to the dancers—and musicians—who performed at the Mighty Midway Festival right after the second recital. What a big fun Summery day!







# Kick-Off to Summer and Rock the Cradle Performances Coming Up!

We're performing at the Kickoff To Summer at the Minnesota State Fairgrounds this weekend on Saturday, May 25. This is always a fun one and a great opportunity to get an early taste of the Fair. On

June 9 we're headed back to the Minneapolis Institute of Arts for The Current's Rock the Cradle event. Details for both performance opportunities below and on the <u>Damhsa site Performances page</u>.

#### Kick Off to Summer @ MN State Fairgrounds

Who: Int, Jr. Champs, Champs, and KII What: Two 30 minute performances

When: May 25, 2024 at 11:45 pm and 1:45 pm.

Rehearse at venue at 10:15 am

• Form & Rubric

#### Rock the Cradle @ Mpls Institute of Art

Who: Pri, Int, Jr. Champs, Champs, and KII

What: Two 25 minute performances

When: June 9, 2024 at 10:15 am and 11:45 am. Rehearse TBD

Form & Rubric

#### **New Team Jacket Orders**

\*\*PLEASE READ THIS ENTIRE MESSAGE\*\*

Orders are open now through Sunday June 2nd, 2024 at the link: O'SHEAJACKETS

If you want to order a NEW BLACK O'SHEA JACKET you must email GALENA the following information at: <a href="mailto:galena.stcroix@gmail.com">galena.stcroix@gmail.com</a> (Please don't email OID with questions, this will only delay things.)

Jackets are XS-XL, please DO NOT send me numeric sizing. Youth sizes tend to run on the smaller size. I recommend trying on a friend's jacket to check sizing.

Name as you want it stitched on the front.

#### Sleeve Stitching:

- Nationals what years
- Oireachtas what years
- Worlds what years

All NEW jackets will cost \$85 no matter how much you get on the sleeves. You **MUST** pay IDPA through PayPal to receive your new jacket: <a href="mailto:idpairishdance@gmail.com">idpairishdance@gmail.com</a>

If you don't have access to PayPal you will need to contact Galena to arrange another form of payment. Jackets will be delivered to The Celtic Junction before we leave for Nationals.

# **Volunteer in the Eoin McKiernan Library**

Are you looking for a quiet place to do some work while you wait for your child to get done with class? Are you one of our awesome adult dancers interested in spending a little time exploring our great library before class?

We would love to get a few more volunteers to help our librarian Brian Miller care for and monitor Celtic Junction Arts Center's very own Eoin McKiernan Library in the evenings.



Volunteer Shifts are 4:30 pm to 6 pm and 6 pm to 7:30 pm Mon thru Thur. Scan the QR code or click he

7:30 pm Mon thru Thur. Scan the QR code or <u>click here</u> to sign up! Email <u>volunteer@celticjunction.org</u> for other volunteer opportunities at Celtic Junction Arts Center.

### **New Classes Added for Preschool & Beginner on Saturdays**

We're excited to announce that we've added Saturday classes for Preschool & Beginner dancers. Our weekday classes continue to be very full so we're adding one additional Preschool class from 9:30 am to 10:15 am and one additional Beginner class from 10:15 am to 11:15 am on Saturday mornings. Email Donna at <a href="mailto:oidadmin@osheairishdance.com">oidadmin@osheairishdance.com</a> if you'd like to switch to Saturday.

## Summer is Coming! This is how it rolls out at OID.

Summer is not just feis season (more details below), it is also a time for amazing growth and strength in your dancers. Since we know busy summer schedules can make it hard to keep a regular dance class schedule at OID, we offer several ways to help summer become a great time for strength and skill development:

- We open classes up as a "Flexi-schedule" so you can come when you want and travel when you wish.
- If you can't make it to classes in your own level, you can audit the one above you as a makeup too (like an upgrade)!
- Select Saturday classes for Preschool and Beginner continue over the Summer
- Staying enrolled over the Summer allows your dancer to perform at the Irish Fair!

#### **Summer Training!**

There is a lot to train for over the summer including feiseanna that don't require travel! Our next local feis is the Celtic Junction Summer Feis on July 27. Registration will be open soon on <u>Feisworx</u>.

# Myofascial Release Therapist at CJAC on Wednesdays

Derrick Lundberg, Natalie's massage therapist and friend, is a licensed massage therapist trained in Myofascial Release, Osteopathic Manual Therapies and Oriental Medicine.

A performer's most important tool is their body. Injuries, limitations, and performance can all be improved with manual therapy. He will be offering weekly, 30-minute massage appointments to O'Shea Families on Wednesdays from 6 pm - 9 pm in the Green Room. The cost is \$30 per half hour (a special rte of only \$1 a minute!) session.

Please contact Derrick directly at (651) 214-2476 or <a href="Derrick.Lundberg@gmail.com">Derrick.Lundberg@gmail.com</a> or through the CJAC schedule form on his website.

REMEMBER TO VISIT THE OID DAMHSA SITE FOR IMPORTANT SCHOOL INFO.