

HAIR/WIG TRAINING NOTES

HAIR:

- WIG/S
 - wig brush & spray conditioner
 - hair nets
 - donuts (large and small)
 - plastic storage bag for each wig separately
 - hair brush
 - fine tooth (rat tail) comb
 - 5 ponytail holders
 - lots of hairpins (large and small)
 - hair spray
 - hair gel (if suited to your hair type)
 - synthetic shampoo/conditioner
- *see the hair and makeup kit for links to products

HAIR – UNIFY SILHOUETTE!!

The purpose of the hair workshop is to unify the look and silhouette of the team. They can turn out incredibly differently on each child so we will help train you to take into consideration their hair type, forehead line, and the shape of their head to get the best results. Consider your kit tools that are well taken care of are easier to work with & they will last longer!

WIG CARE:

- Brush before and after wearing!
- Wash occasionally with synthetic shampoo/conditioning spray.
- Store in a hair net & keep in a bag
- Trim frizz carefully as needed.
- For major championships, get a new one yearly (retire old one to other performances.)

HAIR CARE:

- Hair need not be freshly washed that morning (but should be pleasant for someone to work with!)
- Set out your tools in an organized way & get comfortable. (Consider ibuprofen in advance for very tender heads.)
- Check hair pins & binders for condition NO broken ended pins (those hurt A LOT!)
- DO invest in a good finetooth comb for smoothing and backcombing. Brushes do NOT work for this.
- Do NOT share hair tools LICE have visited before, and we wouldn't like to invite them back.
- Have TWO hair sprays a "net" style that gives grip and a freezing spray.

- Curly or wiry hair may also require gel &/or a small bottle to dampen curls as you go.

POUF STYLING & PLACEMENT:

- Brush hair out
- Separate hair across the crown going end of eyebrow to end of eyebrow.
 - Depending on your/your child's hair type, texture, hairline, etc, you might have to adjust taking a little more/little less hair to get enough for a good pouf
- Separate a thin layer at the front to use as the smooth layer at the end
- Backcomb the rest from crown forward to build up pouf (bump-it is recommended).
- Use comb directionally to thicken hair towards forehead.
- Hairspray before and/or after backcombing as needed.
- Shape by rolling/shaping around the bump-it with head held up.
- Secure back of pouf/bump-it with criscrossing pins.

PONYTAILS:

Post Pouf

- Gather remaining hair with brush, smooth with comb.
- Secure main binder at crown for ANCHOR. Fit the binder tightly.
- Make a bun/braided bun out of the ponytail hair and secure tightly at the crown.
- Secure the clawclip of the ponytail to the back of the bun.
- Placement is correct if there is a line from the chin, over the top of the ear and out the top of the head. Pony should curve up and fall like a horse's tail.
- Smooth sides with comb.
- Spray!!
- Smooth sides again (comb hairspray into the hair.)

BUN WIGS:

Post Pouf

- Gather remaining hair with brush, smooth with comb.
- Secure main binder at crown for ANCHOR. Fit the binder tightly.
- Fit donut over binder and pull remaining hair through.
 - Depending on height wanted for your wig, you will need to use multiple donuts
- Wrap hair around donut & secure with criscrossing pins.
- Open wig combs. Secure under back first (by nape), then pull over the top of the head & secure second comb anchor into first binder.
- Pull drawstring as tight as is "comfortable." (They all hate this part.)
- Hide string by winding around wig & pin underneath.
- Secure wig in triangular points with LARGE criscrossed hair pins (two at front, one at back.)

“CIARA” FULL WIGS:

Post Pouf

- Separate hair not used in the pouf into two sections, making a straight line across the back of the head in line with the tops of the ears.
- Make a ponytail out of the upper section of hair on crown of the head and set aside.
- Separate the lower section evenly down the middle and make small, tight braids out of each section and secure with binders.
- Secure a large donut or overlap two small donuts over the ponytail at the crown of the head. Add another donut on top if needed for height.
- Wrap remaining hair into a bun/around the donuts.
- Crisscross the braids from the lower section and pin them to the donuts.
- Secure the base as needed with pins and check that the pouf is intact.
- Open wig combs. Secure under back braids first then pull over the top of the head & secure second comb anchor into the scalp between pouf & into the donut.
- Secure back and front with big, crisscrossing pins.
- Pull sides of the wig forward and secure with big, crisscrossing pins. Jump around and make sure the wig is secure/not moving.
- Pin curls forward to frame the face and make sure the curls on the top of the head are brushed back